



# Companion House

Assisting survivors of torture and trauma

Working in  
the ACT  
and region

Companion House offers services to people who have sought refuge in Australia from persecution, torture and war related trauma. This includes people who may have been in Australia for a short time or a long time and they may be any age from young to old.

Companion House can help you build your life in Australia and heal the pain of the past.

Our Services include:

- Medical service for newly arrived people
- Group activities for recreation and learning about health and other life issues
- Counselling and support
- Massage and relaxation therapy

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