

## **Mission**

Companion House is non-government community based organisation. We work with adults and children who have sought safety in Australia from persecution, torture and war related trauma. We believe that people who have survived torture, trauma and human rights violations should have access to services that respect, empower and promote recovery.

## **Principles of Service**

1. We acknowledge and respect the strength and resourcefulness of survivors of the refugee experience.
2. We respect and respond to diverse needs including those determined by culture, religion, ethnicity, gender and sexuality.
3. We promote client independence, self-determination and informed choice.
4. Our services are based on a holistic approach to health care.
5. We are committed to the confidentiality of all client information.
6. We work in strong partnerships with government and non-government agencies and individuals to ensure health care and other service systems and communities are accessible and sensitive to the needs of survivors of torture and trauma.
7. Our services are open and accountable to feedback and suggestions from clients and the community.
8. We promote and preserve human rights.
9. We as staff support each other in our work.

## **OUR SERVICES**

Companion House provides:

### **Medical service**

The Medical Service provides general practice and primary health services for people from refugee backgrounds in their early settlement period in Australia. The Medical service also provides ongoing care to asylum seekers and people from refugee backgrounds with complex needs.

### **Counselling**

Counsellors and Support workers work with newly arrived people, longer term settlers and asylum seekers. The counselling service assists adults, children and young people.

### **Complementary Therapy**

The Complementary Therapy service is available for relief of physical pain and emotional distress.

### **Community Development**

The Community Development team works with communities to promote health, make cultural transitions, connect communities to services and strengthen community groups and structures.

### **Training and Professional Development**

The Training and Professional Development team works with organisations to build capacity to provide more effective services for people from refugee backgrounds and survivors of torture and trauma.

### **Policy Advice and Awareness Raising**

We work with Government and non government organisations to build awareness and understanding of the needs of people from refugee backgrounds.

### **Migration Advice**

Registered migration agents provide migration advice primarily to asylum seekers living in the community, and secondarily to people from refugee backgrounds experiencing financial hardship who are seeking family reunion.

**Our Services are free of charge.**

**For more information or to make an appointment call (02) 6251 4550.**

## MEMBERSHIP

To become a member, please complete the membership form and enclose fee preferably in cheque payable to Companion House

- Organisation \$55
- Individual \$22
- Individual Concession \$11  
(student, senior, Health Care Card)

Name/ Organisation:

.....  
.....

Address:

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Phone: .....

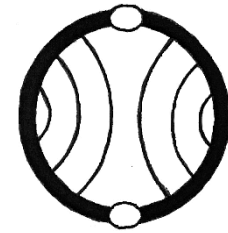
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Email: [info@companionhouse.org.au](mailto:info@companionhouse.org.au)

**Donation are welcome and are tax deductible.**

**Go to [givenow.com/companionhouse](http://givenow.com/companionhouse)**

**How to get to Companion House by Bus**  
**Bus 40.** You can catch the bus from Belconnen or City Bus Interchange.  
Tell the driver you want to get off at **Cook Community Hub, near Cook Shops.**



## Companion House

**Assisting Survivors of Torture and Trauma**

Contact details:

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Patrons: Justice Elizabeth Evatt AO  
Professor William Maley AM